



Scripture

“Practise honesty and integrity; rescue the man who has been wronged from the hands of his oppressor; do not exploit the stranger, the orphan, the widow; do no violence; shed no innocent blood.” Jeremiah 22:3 from the Breviary

“There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them.” 1 Corinthians 12: 4-6 from the Breviary

Catechism

“The practice of all the virtues is animated and inspired by charity, which "binds everything together in perfect harmony";¹⁰⁵ it is the form of the virtues; it articulates and orders them among themselves; it is the source and the goal of their Christian practice. Charity upholds and purifies our human ability to love, and raises it to the supernatural perfection of divine love.” Catechism of the Catholic Church #1827

Comment

Compassion for others exercised in action viz. charity is, or at least ought to be, a defining characteristic of individual Christians and of the Christian community as a whole. This charity is offered to all, particularly our neighbours who are in most need.

Organisation of the month

Cancer affects people of all ages including the young. The Brain Tumour Charity helps to support those who have a diagnosis of brain cancer as well as raising funds for further research and awareness of the symptoms associated with this condition. Visit www.thebraintumourcharity.org for more information.

Action

Pray: that God the Father, through His Son Jesus Christ, may empower you by the Holy Spirit to show practical compassion to those in need.

Think: about family members, relatives, relations, friends and colleagues who may have received a diagnosis of cancer and see what you might be able to do and say to support them.

Act: Visit www.thebraintumourcharity.org for ways to make a difference.

“Do as much as you can. God will do what we ourselves cannot do.” St. John Bosco, Letter to Cagliari, November 13th 1875