



Scripture

Old Testament: "I am the mother of beautiful love, of fear, of knowledge and of holy hope."
Ecclesiasticus 24:18 from The Poverty and Justice Bible: Catholic Edition.

New Testament: "Brothers, you have been called and chosen: work all the harder to justify it by good deeds." 2 Peter 1:10 from the Breviary

Catechism

"Faith, hope and charity too are genuine powers – bestowed by God of course – that a person can develop and consolidate with the grace of God so as to obtain 'the abundant life'" YOUCAT #306

Comment

In his outstanding work "Mere Christianity", C.S. Lewis notes that charity should involve a commitment and self-sacrifice that make us feel the pinch. Despite these straitened times with the cost of living, there will be many people less fortunate than ourselves who deserve what we ourselves can spare.

Organisation of the month

UNICEF, the United Nations' Children's Fund, is working to support children around the world in locations where they are living precariously. UNICEF is providing assistance to children and families in Ukraine suffering from the invasion of their country by Russian forces. Visit www.unicef.org for more information.

Action

Pray: that the loving kindness of God our Father may be made visible in the person of Jesus Christ His Son so that, by the power of the Holy Spirit and in communion with the Church, we may be a 'light in the darkness for the upright, generous, merciful and just.' Psalm 111 (112) from the Breviary.

Think: Make a list of ten things that you believe are essential for living in the midst of winter. Now look at number three on your list. If this resource were to disappear, as it has done so already for so many millions of Ukrainians, how well do you think that you would be able to manage?

Act: Visit www.unicef.org today for more information about how you can support their causes through your donations.

"Do as much as you can. God will do what we ourselves cannot do." St. John Bosco, Letter to Cagliero, November 13th 1875