



## Scripture

**Old Testament:** "You shall also love the stranger, for you were strangers in the land of Egypt." Deuteronomy 10:19 from The Poverty and Justice Bible: Catholic Edition

**New Testament:** "Then Joseph got up, took the child and his mother by night, and went to Egypt, and remained there until the death of Herod." Matthew 2: 14-15 from The Poverty and Justice Bible: Catholic Edition.

## Catechism

"Social justice comes about where the inalienable dignity of every person is respected and the resulting rights are safeguarded and championed without reservation."  
YOUCAT #329

## Comment

In a time of war, armed conflict and upheaval, remember those men, women and children whose lives do not get mentioned in the media or at the Dispatch Box in the House of Commons.

## Organisation of the month

International Refugee Trust (IRT) is a small but well-established charity founded in 1989 by Fr. Kevin Doherty that supports projects that might not gain financial support from larger international relief agencies but whose work and impact are, nevertheless, essential. With long-standing commitments in Uganda and Jordan, South Sudan, Tanzania and now Ukraine are benefitting from the work of this charity. Visit [www.irt.org.uk](http://www.irt.org.uk) for more information about how you can support its work through donations.

## Pray, Think, Act

**Pray:** that God the Father, in the name of His Son Jesus Christ, may empower you by the Holy Spirit to support those who have left homes with little or nothing.

**Think:** If you had just thirty minutes to evacuate your home, which possessions would you take with you?

**Act:** Visit [www.irt.org.uk](http://www.irt.org.uk) for more information.

*"Do as much as you can. God will do what we ourselves cannot do."  
St John Bosco, Letter to Cagliero, November 13, 1875*