

Scripture

Old Testament: "The Lord called me before I was born; from my mother's womb he pronounced my name." Isaiah 49:1 from the Breviary.

New Testament: "Every hair of your head has been counted." Luke 12:7.

Catechism

"Eternal life begins with Baptism. It continues through death and will have no end." YOUCAT #156

Comment

Despite huge breakthroughs in science and technology, particularly in the field of medicine, human suffering and death continue to be the yoke that many bear. Christians nevertheless continue to pray for the grace to experience miracles of healing for those we know who are suffering.

Organisation of the month

Brain Tumours are the single biggest killers of under 40s with cancer. The Brain Tumour Charity is a designated charity with its focus on raising money and awareness for those suffering from brain cancers and supporting their loved ones. Visit www.thebraintumourcharity.org for more information.

Pray, Think, Act

Pray: that God the Father, through His beloved Son Jesus Christ, may, by the power of the Holy Spirit, make you yield a harvest of good deeds by His grace.

Think: about someone you know who has a cancer diagnosis. How many ways can you express your support and companionship to them?

Act: Visit www.thebraincancercharity.org for more information about making a donation.

"Do as much as you can. God will do what we ourselves cannot do." St John Bosco, Letter to Cagliero, November 13, 1875