



Scripture

"Practise honesty and integrity; rescue the man who has been wronged from the hands of his oppressor; do not exploit the stranger, the orphan, the widow; do no violence; shed no innocent blood." Jeremiah 22:3

"Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another on showing honour. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer." Romans 12: 9-12

from the Breviary

Catechism

'Appropriate care for the health of its citizens is one of the fundamental obligations of the State, which must create living conditions in which sufficient food, sanitary housing and basic medical care are available to all.'

YOUCAT art. 389

Comment

In financially constrained times, the first to feel the impact are often the young and the sick. Charities that support these groups therefore depend even more heavily on the generosity of benefactors.

Organisation of the month

The Brain Tumour Charity raises money for treatment and potential cure of this type of cancer which affects the young as well as the old; thousands of young people lose their lives to this form of cancer as the survival rates are lower than for other forms of cancer.

Think, Pray, Act

Pray: that God may make you, in the words of St. Francis of Assisi, an instrument of His peace.

Think: is there anyone you know, have met, or read about who has been affected by brain tumours? Find out more about this illness and its impact on individuals and their families.

Act: Visit www.thebraintumourcharity.org for ways in which you can donate and support this charity.

*"Do as much as you can. God will do what we ourselves cannot do."
St John Bosco, Letter to Cagliero, 13 November 1875*