



Scripture

"...everyone who thirsts come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price..." Isaiah 55:1

for I was hungry and you gave me food, I was thirsty and you gave me drink." Matthew 25:35

from the Poverty and Justice Bible, Catholic Edition

Catechism

"Charity is the power by which we, who have been loved first by God, can give ourselves to God so as to be united with him and can accept our neighbour for God's sake as unconditionally and as sincerely as we accept ourselves." YOUCAT #309

Comment

According to the Guardian newspaper, one person in every eight in the UK will go hungry but the average household wastes approximately £700 worth of food every year. The problems of food (over) production and (under) distribution have certainly been highlighted during the current pandemic. Christians are called to be good stewards of God's creation. As Pope Francis wrote in *Laudato Si'*, "Humanity is called to recognize the need for changes of lifestyle, production and consumption". (#23)

Organisation of the month

FareShare is the UK's national network of charitable food redistributors, made up of 17 independent organisations. FareShare collects good quality surplus food from right across the food industry and delivers it to almost 11,000 frontline charities and community groups. FareShare insists that the food that is redistributed "is nutritious, in-date and good to eat." This is one way in which both food waste is reduced and those who are experiencing difficulties in putting food on the table may both be served.

Pray, Think, Act

Pray: that God the Father of mercies will inspire you by the Holy Spirit to bring Christ-like grace to those in need at this time, especially the hungry.

Think: if you were experiencing difficulty placing food on your table, which meal would you go without and why?

Act: Visit <https://fareshare.org.uk> for more information about how you can help, either through volunteering at the nearest branch, by fundraising or by donating.

"Do as much as you can. God will do what we ourselves cannot do." St John Bosco, Letter to Cagliero, November 13, 1875