



#### Scripture

“Without clothing, they spend the night naked, lacking anything to shelter them from the cold.” Job 24:7 from the New Catholic Bible.

“What good is it, my brethren, if someone claims to have faith but does not have good works? Can such faith save him? Suppose a brother or sister is naked and lacks his or her daily food. If one of you says to such a person, ‘Go in peace; keep warm and eat well,’ but does not take care of that person’s physical needs, what is the good of that? In the same way, faith by itself is dead if it does not have works.” James 2:14-17 from the New Catholic Bible.

#### Catechism

“The works of mercy are charitable actions by which we come to the aid of our neighbour in his spiritual and bodily necessities.” Catechism of the Catholic Church #2447

#### Comment

As we move from November and late Autumn into December and the start of Winter, many people will continue to be concerned about the cost of living crisis and the effects that this will have on many, particularly the elderly, those who are vulnerably housed and on low incomes and especially those suffering from chronic illnesses. The teaching of St. John challenges us thus:

My children,  
Our love is not to be just words or mere talk,  
but something real and active. (1 John 3:18)

#### Organisation of the month

National Energy Action (NEA) is a charity whose website describes itself as “working to ensure that everyone in England, Wales and Northern Ireland is warm and safe at home.” Please do consider visiting [www.nea.org.uk](http://www.nea.org.uk) to consider the different ways in which you can support its work, including the various ways of donating.

#### Action

Pray: that God the Father may inspire you by the Holy Spirit after the example of His Son Jesus Christ our Lord and Saviour, to be a vehicle of compassion for those less fortunate than yourself:

Think: Think of ten things that you could choose to sacrifice to ensure that you kept warm this winter. Now focus on number four on your list. Explore how this possible decision makes you feel.

Act: Visit [www.nea.org.uk](http://www.nea.org.uk) for more information

*“Do as much as you can. God will do what we ourselves cannot do.” St. John Bosco, Letter to Cagliero, November 13<sup>th</sup> 1875*