

Stations of the Resurrection: Via Lucis



Reflections by Gerry O'Shaughnessy, SDB

There is an increasing agreement upon the following as a recognised list of Stations of the Resurrection: You could do these stations as a meditation in one go – or take one each day

Prepare - (children could do this) Light a candle /turn on a lamp beside an open Gospel.

For each station, you could place a small foot/flame/butterfly/egg/ flower– these the children could draw and colour prior to the service... OR place a symbol for each station.....

(At the end of each station, copy and paste the youtube link into google then listen and watch. If you haven't got access to youtube, then choose your favourite Easter hymn and sing a verse or two.)

Take a few moments of quiet; make the sign of the cross together – and add an Alleluia on the end....

Start with a Song/music of welcome; e.g. **'Come into his presence singing Alleluia, alleluia, alleluia'**

For we have grown into union with Christ through a death like His, we shall also be united with Him in the resurrection. If then, we have died with Christ, we believe that we shall live with Him. Consequently, you too must think of yourselves as being dead to sin and living for God in Christ Jesus. (Romans 6: 5, 7, 11).

Let us walk this pilgrimage of faith, the Via Lucis, as daughters and sons of the light and as witnesses of the Risen Lord. Let us meditate upon the resurrection of Christ and discover the pathway of light that Christ brings us



First Station: Jesus Rises from the Dead.

We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection: You have redeemed the world!**



"The angel of the Lord said to the women: 'Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for He has been raised just as He said.'" (Matthew 28: 5b-6a)

On the first day of the week, at the dawning of the new creation, Jesus rose from the dead. None of the Gospels actually record that point of Jesus bursting out from the tomb-all we have is the empty tomb and linen clothes no longer needed. Like the women and most of the Apostles on that first Easter Day, the Resurrection demands a personal faith response from each of us. How is that total unconditional love of God going to impact in my life?

Christ has burst through that barrier of death and invites each of us to share that new life- are you prepared to take this risk today and break into a new relationship with God and others?

Silence

This is the day, Lord God, that You have made! Raising Christ from the dead, and raising us with Christ, You have fashioned for Yourself a new people. As we hear the word that brings salvation, make our hearts burn within us. Through the presence of every friend and stranger, reveal to us the face of the One who had first to suffer, but who has entered now into glory, Jesus Christ, our Passover and our Peace, living and reigning with You, forever and ever. Amen.

SING: This is the day, this is the day, when He rose again, when He rose again. We will rejoice, we will rejoice are glad in it and are glad in it.

This is the day when he rose again, we will rejoice and be glad in it, This is the day that the Lord has made.

Second Station: Mary Magdalene meets the risen Jesus

We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**

Mary, Apostle to the Apostles



"She turned around and saw Jesus there but did not know it was Jesus. Jesus said to her, 'Woman, why are you weeping? Whom are you looking for?' She thought He was the gardener and said to Him, 'Sir, if you carried Him away, tell me where you laid Him, and I will take Him.' Jesus said to her, 'Mary!' She turned and said to Him in Hebrew, 'Rabbouni,' which means Teacher. Jesus said to her, 'Stop holding on to Me, for I have not yet ascended to the Father. But go to My brothers and tell them, 'I am going to My Father and your Father, to My God and your God.' Mary of Magdalen went and announced to the disciples, 'I have seen the Lord,' and what He told her" (John 20: 14b-18).

Silence

In the Gospel of John, a close friend of Jesus is tasked to bring the gospel, literally the good news of the resurrection, to the Apostles. This close friend is Mary of Magdala, the woman who cares. However, in first century Palestine, women could NOT be witnesses in any court of law. Yet it is this woman who is the most important leading witness in the history of salvation. Jesus calls her by name, and He tasks her to share that intimacy and love with those living in exile. So, for those of us sharing that isolation in our own “upper rooms”, Mary’s announcement points to hope and new life.

God our Father, You will that all people be saved and come to the knowledge of Your truth. Send workers into Your great harvest that the Gospel may be preached to every creature. May Your people, gathered by the word of life and strengthened by the power of the sacraments, advance in the way of salvation. We ask this through Christ our Lord. Amen.

Song: DO YOU HEAR THE PEOPLE SING (from the musical Les Misérables)

<https://youtu.be/0kIhBgQAw3U>

Third Station: The Apostles discover the empty tomb

We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**

"Then the other disciple also went in, the one who had arrived at the tomb first, and he saw and believed" (John 20: 8).

The tomb was not proof of Resurrection, but it spurred the disciples to search for their Risen friend. During the height of the recent pandemic, we found Jesus in the empty streets, parks and shuttered shops, theatres and even Churches. As you watched or listened to Mass celebrated by a priest very often on his own, we shared that spirit of emptiness in a real way. Pray for those who really do feel empty and lonely in these times that they may find the Lord. If you can, go to a lonely place in your mind and pray, in solidarity, for those who must face loneliness.

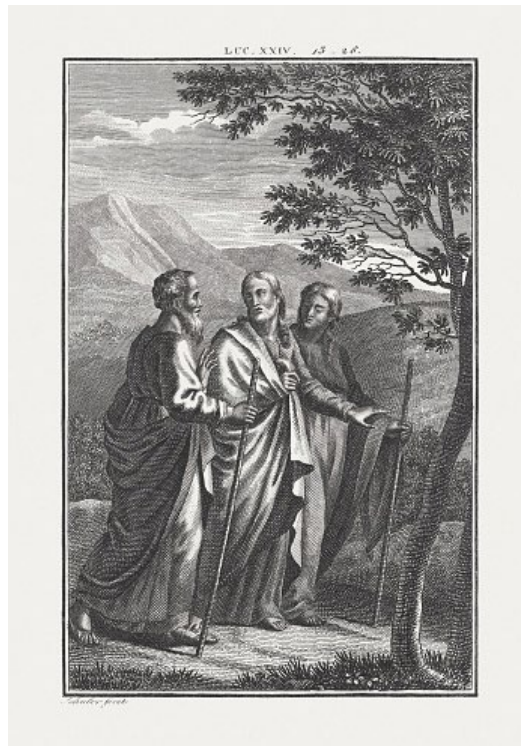
Silence

God our Father, creator of all, today is the day of overwhelming joy. The Lord appeared to those who had begun to lose hope and opened their eyes to what the Scriptures foretold: that first He must die and then rise. May the Risen Lord breathe on our minds and open our eyes that we may know Him in the breaking of bread and follow Him in His risen life. Grant this through Christ our Lord. Amen.

Song: Outrageous Grace

<https://music.apple.com/gb/album/theres-a-lot-of-pain-outrageous-grace/559741661?i=559741789>

Fourth Station: Pilgrims to Emmaus



We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**

"...It happened that while they were conversing and debating, Jesus Himself drew near and walked with them, but their eyes were prevented from recognizing Him. And.....He said to them, 'Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Messiah should suffer these things and enter into His glory?' Then beginning with Moses and all the prophets, He interpreted to them what referred to Him in all the scriptures" (Luke 24: 15, 25-27).

In these times of lockdown and isolation, we can identify all too well with the disciples on their journey AWAY from Jerusalem, the place of lockdown and isolation for the friends of Jesus. They are grieving and feel abandoned and lost; it is the stranger on their road home that makes them experience life to the full again. However, it is only by allowing Jesus into their own isolation and pain that they can experience the overwhelming love of God as they share a meal together. It is at the table of plenty that these disciples realise that they are missionaries and return to the isolation of the Upper Room to bring Good News. Perhaps we can once again invite Jesus into our own homes; why not say a grace before meals and make that presence that little more obvious?

A traditional Palestinian Meal



Silence

Lord God, as disciples on our pilgrimage, we implore Jesus Christ: stay with us, Lord. Open our hearts to true conversion and, as we have known the Lord in the breaking of the bread, so make us witnesses of a new humanity, renewed, reconciled and at peace in Your love. Send us as heralds of the repentance and forgiveness You offer to all in the name of Jesus, who lives and reigns with You, forever and ever. Amen.

Music: WALK ON (new version with the amazing and inspirational Capt Tom)

<https://youtu.be/wUP-ty-Tj5E>

Fifth Station: Jesus is recognised in the breaking of bread



We adore You, O Christ and we praise You! Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!

" ...They urged Him, 'Stay with us, for it is nearly evening and the day is almost over.' So, He went in to stay with them. And it happened that while He was with them at table, He took bread, said the blessing, broke it, and gave it to them. With that, their eyes were opened, and they recognized Him, but He vanished from their sight. Then they said to each other, 'Were not our hearts burning within us while He spoke to us on the way and opened the scriptures to us'" (Luke 24: 29-32).

During the times of physical isolation, “going to Mass” has taken on a whole new meaning: we now had to sit in front of our laptop or mobile and connect to our parish via the worldwide web. Even in this era of the new normal, some still do not feel safe or confident enough to physically go back to their parish church. The irony of physical isolation is that, for many of us, our sense of community has never been stronger. Perhaps you could take a bread roll and break it open, sharing with those who share the table with you, even remotely through Zoom or Skype. In these trying times, Jesus is using YOU to feed your family: feed them with your stories, with your memories and, above all, with your PRESENCE and LOVE. One day you will look back on these strange times and realise that you have deepened your sense of community and that the BODY OF CHRIST is a reality in your family. As you grace your table today, pray for everyone who has got that food to

your table. Remember that the Risen Lord sits with you, he is the guest at your table today: enjoy his company.

Silence

You are truly blessed, O God of holiness: You accompany us with love as we journey through life. Blessed too, is Your Son, Jesus Christ, who is present among us, and whose love gathers us together. As once He did for His disciples, Christ now opens the Scriptures for us and breaks the bread. May the Eucharist we celebrate guide us to the fullness of Christ's life. We pray in the power of Christ's Spirit, forever and ever. Amen.

Song: WE COME TO YOUR FEAST <https://youtu.be/Dpnf3rfXCZc>

(why not get your children (if no children – do it yourself) to set the table in your home along with the song? You will need –(verse 1 - a white cloth; verse 2 – some bread; verse 3 – a glass of wine; for the last verse – ask the children to make cards for key workers – decorate them and during the last verse, place them on the table...)

Sixth Station: Jesus appears to the community of the Apostles



We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**

"Why are you troubled? And why do questions arise in your hearts? Look at My hands and My feet, that it is I Myself. Touch Me and see, because a ghost does not have flesh and bones as you can see I have,' And as He said this, He showed them His hands and His feet" (Luke 24: 38-40).

The disciples from Emmaus, the ones with “burning hearts” have now become missionaries: they return to the Upper Room to share the Gospel of New Life, the gospel of Resurrection.

In that place of physical isolation, that we can all too easily identify with, Jesus reveals his own brokenness. To the group gathered there (remember Thomas was out probably shopping or taking exercise) Jesus shows them his wounds amid his glory. In these hard times, Jesus is sharing his brokenness with us too; when we are ready to admit our own personal brokenness, the Lord of life brings us his life. Each of us are wounded healers who can bring joy and new life to our world.

Silence

God of unchanging power and light, look with favour and mercy on the entire community, especially in these challenging times. Bring us your lasting care to your family, so that the world may see the fallen lifted up, the old made new, and all things brought to perfection, through Him who is our origin, our Lord Jesus Christ who lives and reigns forever and ever Amen

Song: I'VE BEEN THIS WAY BEFORE (Neil Diamond) <https://youtu.be/dCTP02iOS-s>

Seventh Station: Risen Lord brings peace



We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**

"Jesus came and stood in their midst and said to them, 'Peace be with you'... The disciples rejoiced when they saw the Lord. Jesus said to them again, 'Peace be with you. As the Father has sent Me, so I send you.' And when He had said this, He breathed on them and said to them, 'Receive the Holy Spirit.'" (Jn 20)

Throughout the history of salvation, as recorded in the Bible, the messengers of God (the angels) brought a similar greeting, "Do not be AFRAID." God wants to take away any trace of fear and, in this time of international disaster, there are millions of fearful people. The Apostles were full of hope for the ministry, and Gospel of Jesus-they saw their lives as one great big Palm Sunday! Reality kicked in for them on Good Friday as most of the Apostles choose to self-isolate in the Upper Room having seen what happened to Jesus. In glory, shown through pain and suffering, Jesus wants to take away fear, pain and personal sin; thus, the greeting is natural and it is a greeting for us too in these uncertain times: "PEACE BE WITH YOU!" As we reflect at this station, we need to reflect on our own lives too: are we prepared to bring peace, especially with those we are living with here and now? If we cannot bring peace to those in our homes and family, how can we possibly bring peace and that living spirit of God to a troubled world?

Silence

God of perfect peace, violence and cruelty can have no part of You-we ask that our homes be sanctuaries of your peace. May those who are at peace with one another hold fast to the good will that unites them; may those who are enemies forget their hatred and be healed. We ask this through Christ our Lord. Amen.

Song: Deep Peace (Gaelic blessing by John Rutter sung by LIBERA

<https://youtu.be/Eve2y-P-Zjk>

Eighth Station: Jesus strengthens the faith of Thomas



We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**

"Thomas...was not with them when Jesus came. Thomas said, 'Unless I see the mark of the nails in His hands and put my finger into the nail marks and put my hand into His side, I will not believe'...Jesus came. and stood in their midst and said, 'Peace be with you.' Then He said to Thomas, 'Put your finger here and see My hands, and bring your hand and put it into My side, and do not be unbelieving, but believe.' Blessed are those who do not see and yet believe." (John 20: 24- 29).

Thomas is known through history as “the doubter”; perhaps it would be better to refer to him as “Honest Thomas”. For whatever reason, he is not in the Upper Room on that first Easter Day and simply refuses to believe the witness statements of Mary and his colleagues: he must put his hands into those wounds of Jesus. An Apostle of Jesus, Thomas is true to himself. It is to the same Thomas that Jesus reveals Himself as “the Way, the Truth and the Life.” In these difficult times of physical isolation, we all have probably doubted where we can find God in this global pandemic and the threat of a global war that is bringing so much misery and pain. We are invited at this Station to be just like Thomas and recognise the suffering of Christ all too obvious in our communities today. We are invited to acclaim with Thomas, “my Lord and my God.” If we can see God amid all this, then we can see God in anything. The very first book of the Bible tells us quite clearly that we are all made “in the

image and likeness of God” and no one is exempt from that unconditional salvation that Jesus offers.

Pray, at this Station, that you can be honest just like Thomas.

Silence

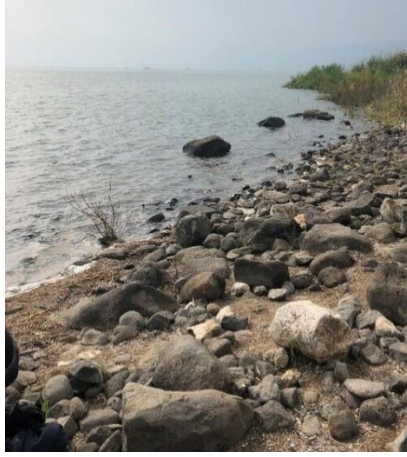
Heavenly Father and God of mercy, we no longer look for Jesus among the dead, for He is alive and has become the Lord of life. From the waters of death, You raise us up with Him and renew Your gift of life within us. Increase in our minds and hearts the risen life we share with Christ and help us to grow as Your honest people toward the fullness of eternal life with You. We ask this through Christ our Lord. Amen.

Song: AS THE DEER PANTS FOR THE WATER SO MY SOUL LONGS AFTER YOU
<https://youtu.be/FBppKZ0eJlQ>



Ninth Station: Jesus has breakfast with his friends on the shore of Galilee

We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**



"Jesus said to them, 'Bring some of the fish you just caught.' So Simon Peter went over and dragged the net ashore full of one hundred fifty-three large fish. Even though there were so many, the net was not torn. Jesus said to them, 'Come, have breakfast.' And none of His disciples dared to ask Him, 'Who are You?' because they realized it was the Lord." (John 21: 10-12).

On the shore of Galilee, the Risen Lord meets his friends as they try to return to normality: even these master fishermen cannot catch a bite! Jesus, their friend is there for them: not only does he work yet another miracle of multiplication, but he cooks them breakfast. Ever the PRACTICAL friend, Jesus offers sustenance; he is that available presence when they need him. He offers them a challenge: cast your nets out in a different way. Again, in these harsh times, we are discovering a new way to live and be the BODY OF CHRIST. We are called to be a eucharistic people and to share our time, food and energy in these challenging times. You can be that one individual who makes a difference today-are you up for the challenge: can you be the change that makes a difference?

Silence

Father in heaven, author of all truth, a people once in darkness has listened to Your Word and followed Your Son as He rose from the tomb. Hear the prayer of this newborn people and strengthen Your Church to answer Your call. May we rise and come into the light of day to stand in Your presence until eternity dawns. We ask this through Christ our Lord. Amen.

Song: SHINE LIKE THE SUN (Dolly Parton): <https://youtu.be/8e-lp9RagkU>

Tenth Station: Jesus asks Peter to lead the Community in Love.

We adore You, O Christ and we praise You! Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!



"When they had finished breakfast, Jesus said to Simon Peter, 'Simon, son of John, do you love Me more than these?'... Peter was distressed that Jesus had said to him a third time, 'Do you love Me?' and he said to Him, 'Lord, You know everything, You know that I love You.' Jesus said to him, 'Feed my sheep Follow Me' " (John 21: 15, 17b, 19b).

In the context of forgiveness, love and a hearty breakfast, Jesus and Peter have an honest exchange. Peter has let Jesus down and now is his chance to show how that the relationship is important. Jesus has founded his Community based on love; the ministry and

teaching of Jesus exemplified that love in WORD and DEED. When we are faced with deception, hurt and that feeling of being let down, it is only a realisation of that unconditional LOVE of God will get us through. Peter, as that first servant-leader of that infant Christian community, is tasked to lead with love. Perhaps at this station, we can remember our own servant-leaders trying to offer care and companionship in these difficult times. Above everything else, above dogma, rules and regulations, the Christian Community today must be a family of respect, care and love to raise people up to the light of Resurrection.

Silence

Father, fill our hearts with the fire of Your love and the desire to ensure justice for our brothers and sisters. By sharing the good things that You give us, may we secure justice and equality for every human being, an end to all division, and a human society built on love and peace. Grant this through Christ our Lord. Amen

Song: YOU RAISE ME UP (Westlife): <https://youtu.be/t7tGUNVrqPs>

Eleventh Station: Jesus asks his friends to preach a Gospel of love and to make a real difference

We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**



"Go therefore, and make disciples of all the nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age" (Matt. 28: 19- 20).

Jesus has great expectations for his Apostles: the reality of incarnation is that God trusts humanity. Jesus trusts these broken ones to spread the good news by their word and example. Through the living waters of baptism, we have all been invited to share this mission. In walking these stations, we have seen that those original witnesses to Resurrection become missionaries. In these days of difficulties, you are physically unable to go before the nations, but, through social media and our increased time for prayer, we can bring the Gospel to more than just those we are living with. Perhaps you can use Facebook or WhatsApp to reach out to a long-forgotten friend to show that you still do care.

Remember that the Little Flower, St Teresa is Patroness of the Missions, and she never left her convent.

Silence

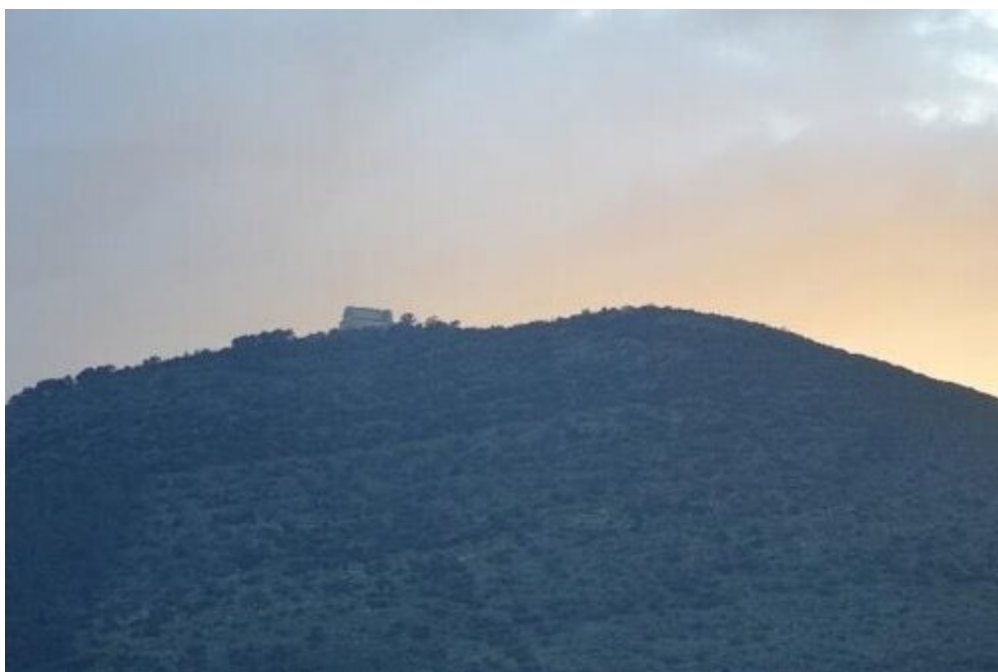
God of all creation, whose mighty power raised Jesus from the dead, be present to this community of disciples whom You have called to the hope of a glorious inheritance among the saints. Strengthen us in the power of the Spirit to go and make disciples of all

nations, to obey everything that Jesus Christ has commanded us, and to know that He is with us always, Amen.

Music: taken from the movie THE MISSION: <https://youtu.be/Ui91q7Y9xPk>

Twelfth Station: Jesus goes home to his family in heaven

We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**



"So, then the Lord Jesus, after He spoke to them, was taken up into heaven and took His seat at the right hand of God. But they went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs" (Mark 16: 19- 20).

From scripture we see that family is very important: we believe God to be a family or Trinity of equals. Down through sacred history we see the importance of family life and the need for a proper loving relationship of equals so beautifully expressed in the nuptial blessing in the sacrament of marriage. Jesus was born into a loving family and shared that family spirit with other families such as Lazarus, Martha and Mary. He has walked and taught his disciples, he has experienced love, elation, rejection, pain, death and glory to new life. Now is the time to move on and say a fond and loving "goodbye!" He will never desert them; his love for them is eternal. Perhaps now is a good time to think of those who have left your lives abruptly. In This time of enforced physical separation, those we love, living or gone home to the Lord, will always be in our hearts because nothing can separate us from that embrace and love of God. Pray now for those who make a difference in your life: for family, for old friends and for friends who have become family, especially in these uncertain times.

Silence

Eternal God, clothe us now with Your power. With the eyes of our hearts enlightened, may we come to understand the immeasurable greatness of Your power at work in us who believe. In that strength, may we boldly pronounce the Good News of our salvation to everyone. We ask this through Christ our Lord. Amen

Music: Take me Home (Phil Coulter): <https://youtu.be/k1DdG2kA5Uk>

Thirteenth Station: The Apostles gather with Mary – waiting!

We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**



"When they entered the city, they went to the upper room where they were staying. All [the apostles] devoted themselves with one accord to prayer, together with some women, and Mary, the mother of Jesus, and His brothers" (Acts 1: 13a, 14).

I suspect most of us can identify very strongly with this station: the disciples, family and friends of Jesus are gathered in self-isolation. They, like us, are gathered in prayer and reflection. Once again, they are gathered in a place of safety and familiarity in the room of Eucharist. They are there in vigil to await the outpouring of the Holy Spirit. As you gather in your own "upper room", your sanctuary in these times of suffering and isolation, pray for a just and fitting end to the global pain. Enjoy the simplicity of a return to work and school, to a time when we can sit and enjoy the sun in the local park; when we can have a night out with friends and make friendship and family a living reality once more. Until then, let us join with the Apostles, gathered in prayer with Mary as we can pray: HAIL MARY, FULL OF GRACE.....

Silence

Father most holy, see Your Church gathered here in prayerful worship like the first disciples and Mary in the Upper Room. Grant that we may accomplish, in the joy of the Holy Spirit, all that You give us to do in the world. May we gladly share in Christ's sufferings to rejoice when His glory is revealed. We ask this through Christ our Lord. Amen.

Song: GENTLE WOMAN <https://youtu.be/RERoQ1biLdE>

Fourteenth Station: The first Christian family is blessed by the Holy Spirit

We adore You, O Christ and we praise You! **Because by the Wood of the Cross and the Light of the Resurrection, You have redeemed the world!**

"... Suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house. Then there appeared to them tongues as of fire, which parted and came to rest on each of them. They were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim"(Acts 2: 2-4).



The glory as isolation ends for the Church of lockdown! The very first Christian family can now move from the Upper Room as the Holy Spirit gives them strength, power and love to go out to the whole world and proclaim GOOD news. There was not much good news to share as we watch the daily Covid-19 news conference, and the reports from Ukraine. However, our staying home and adhering to all the rules and regulations about physical distancing was a minor miracle in itself. We took to heart that **STAYING HOME DOES SAVE LIVES**. In the midst of an international pandemic, financial failures, and a horrific war, God is **STILL** with us and the ways that we support each other is a visible sign of that reality. As you pray this final station, pray that the Holy Spirit comes into your home. The beauty of the Spirit is that it cannot be lock-downed: pray that you **WILL** live life to the max in the way that is going to support and help you, your families and those close to you. Jesus says to you today, **"I have come that you might have LIFE and have it to the FULL."** When this is all over, share your stories of resilience and true faith: like the little girl who loved sharing the fullness and depth of the Easter Story instead of the usual Easter Egg hunt! Share **GOOD**

NEWS like this because all over the world the Spirit is moving. As the Holy Spirit once again renews the world, so too are we renewed.

Silence

Father in heaven, through this spiritual journey, You have reminded us of the fullness of the mystery of Your revealed love. See Your people gathered in prayer, open to receive the Spirit's flame. May it come to rest in our hearts and disperse the divisions of word and tongue. With one voice and one song, may we praise Your name in joy and thanksgiving. Grant this through Christ our Lord, and in the power of the Spirit, both now and forevermore. Amen

Music: GLORIA (Vivaldi) <https://youtu.be/zhhYIZJj6rk>

Final prayer moment

During Lent we walked the WAY of the CROSS, while in this time of Easter joy, we walk the VIA LUCIS-a pilgrimage of LIGHT. As the great Easter Vigil reminds us, we are invited to move from darkness to light as we journey with the Risen Lord. This experience of faith and what it is to be Church and a praying community, has radically changed our experiences. As we are asked to return to NORMAL, let us pray that the good things we have learnt about family and friendship during the time of lockdown will remain with us in the NEW NORMAL. Let us make a commitment today that we will make time and commit to spending time in reflection and prayer; why not get a group of friends together and spend time on pilgrimage/Camino? If you can make Lourdes, the Holy Land or Santiago then that is wonderful but as Captain Tom has shown us as he prepared for his hundredth birthday, you can even walk around your garden or the local park. Make that journey as a symbol of your faith moving FORWARD to the LIGHT.

" ... Jesus Himself, through them, sent forth from east to west the sacred and imperishable proclamation of eternal salvation. Amen" (Mark 16:8, the Shorter Ending).

Through the Via Lucis, we have shared our pilgrim journey with the Risen Lord. As servants and witnesses of Christ, let us now pray in the way our Saviour taught us: "Our Father..."

Lord, may everything we do, begin with Your inspiration, continue with Your help, and reach perfection under Your guidance. We ask this through Christ, our Risen Lord. Amen.

Let us wish each other - **Nameste**

Why not have a little extra treat as you finish this Via Lucis? Chocolate or a glass of wine might hit the spot; however, how you celebrate is up to you but PLEASE celebrate.

Song: DAYS OF ELIJAH: <https://youtu.be/PUla674GGCo>

